



At Ocala Eye, we know how important it is to wake up each morning to clear vision.

Because improved sight means more than

seeing your best. It means being your best.

With more than 70,000 cataract procedures and more than 100 years of combined experience to its credit, Ocala Eye is committed to using only the most advanced proven technology for vision correction.

If you're considering cataract surgery, we encourage you to review the following information and research your options. We're here to answer any of your questions and help you decide what is best for you.

What's the most important part of your surgery?

Simply put, cataract surgery experience and expertise are the key factors in yielding excellent results. At Ocala Eye, we take pride in delivering expert, personalized vision correction and eye care. We are the area's leader in advanced cataract surgery using only the best technology for our patients.

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"My results are amazing. Suddenly I see things around me in stunning detail! It's like the clock has been turned back years and my eyes are young again. Thank you Ocala Eye for helping me see my best!"

Gail Parlin, *Maplewood Elementary* School Teacher



We have prepared this booklet to help you understand cataracts what they are and the special way we treat them.

At Ocala Eye, our goal is to collaborate with you on your eye care and provide you with exceptional care and attention. Our kind, friendly staff makes your surgery a pleasant experience with minimal stress and little or no discomfort. As you consider surgery, we encourage you to ask questions and share your concerns. We want you to be completely knowledgeable about cataracts—how we treat them and what you can expect with surgery.

For over fifty years, more patients in north central Florida have trusted Ocala Eye with their eye care than any other practice in the area. With board-certified ophthalmologists and subspecialists who are fellowship-trained surgeons in every major field, our patients can be assured that most every condition can be managed within our practice. This experience, along with the most thorough menu of surgical treatment options, makes Ocala Eye your clear choice for advanced cataract surgery.



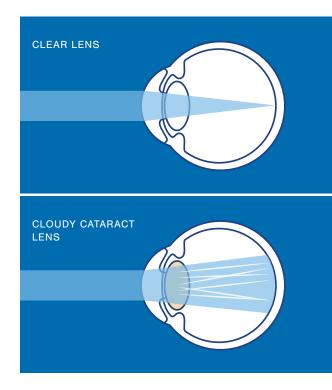
What exactly is a cataract?

A cataract is a clouding of the natural lens in your eye which occurs normally with aging. Though painless, cataracts can blur your vision by restricting the amount of light that enters your eye. Other symptoms of cataracts include increasing glare from the sun or oncoming headlights, poor night vision and a change in how your eyes perceive colors.

In a healthy eye, the light passes through the clear lens which focuses it onto the retina at the back of the eye. Signals are then sent from the retina to the brain via the optic nerve, where they are translated into the images you see. In an eye with a cataract, light enters the eye as usual, but the clouded lens disperses the light, causing the retina to have difficulty transmitting a clear image.



Everyone's lenses will naturally become a bit cloudy as they age, and because cataracts tend to develop slowly, surgery may not be immediately necessary. But when your ability to read, drive or carry out other normal activities is hindered in any way, cataract surgery will likely be the best possible solution.



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How do you know if you have cataracts?

The most important step is to visit your Ocala Eye doctor so that he or she can evaluate your vision. This evaluation will generally include vision tests, an eye exam and a review of your medical history to uncover any other problems which may affect your vision. If you are diagnosed with cataracts, Ocala Eye offers a variety of vision correction packages to suit your needs and your lifestyle. The next few pages will outline your options for cataract surgery.

Cataract Surgery

During cataract surgery, the eye will be anesthetized with drops and a very small self-sealing incision will be made. The incision is so small that generally no stitch is required. The incision can be made with a blade or with a laser.

The cataract is then vaporized with ultrasound and removed with an instrument the size of a pen tip. Your surgeon will then replace your eye's natural lens with a permanent new intraocular lens implant (IOL).

The procedure usually takes less than 20 minutes to perform.

Additionally, implants like the multifocal IOL offer patients even more visual freedom from glasses or contacts, helping them remain active and independent for life.

At your cataract consultation, you'll be educated further on the different vision correction packages available.

Vision Correction Packages

Standard Vision Package

This is what is typically covered by insurance plans and includes a basic monofocal intraocular lens implant. These implants have a single focal point and do not correct any astigmatism. Astigmatism causes an inability for the eye to focus sharply because of uneven curvature of the eye. Due to these limitations, patients will generally require prescription glasses both for distance and near vision after surgery. Activities such as driving and reading will usually require glasses.

Precision Package for Mild Astigmatism

Astigmatism results when the eye's cornea has an oblong shape and limits the clarity of your distance vision. In mild astigmatism, distance vision can be sharpened by combining a standard monofocal lens with arcuate incisions at the time of your cataract surgery.

With this option, you will still need to wear glasses for reading and intermediate tasks like using the computer.



Premium Distance Package for Moderate to High Astigmatism

Until recently, patients with astigmatism were still reliant on glasses for clearer vision after surgery as arcuate incisions have a limited effect.

But now, new toric lens implants treat both cataracts and astigmatism, giving

patients greater visual freedom.

Toric lenses are specially designed to correct larger amounts of astigmatism providing excellent distance vision. As toric implants are also monofocal lenses, they also improve contrast sensitivity in low light situations and improve vision in challenging environments like fog and night glare.

With this option, glasses for reading and intermediate tasks will still be required.



Premium All-Focus Package

Cataract surgery patients can now expect to be free from glasses or contacts for most activities with our Premium All-Focus Package. Using the latest technology

in multifocal and accommodating lens implants, we tailor your procedure to match your lifestyle. This procedure can also be performed in combination with a femto laser if you are a good candidate.

Presbyopia, the Greek word for "aging eye," is a condition that causes near vision to fade with age, making it difficult to see things upclose. Presbyopia is the most prevalent eye condition in America, affecting most people after the age of 40 and everyone by their early 50s. Multifocal and accommodating lens technology is specially designed to combat the effects of presbyopia for clear distance vision, plus a full range of intermediate and near vision, reducing the need for distance or even reading glasses in most cases.

Multifocal lens implants are comprised of concentric rings which allow the eye to focus images at different distances. For this reason, most patients will need some time to adjust. While they may not be recommended for certain individuals—such as pilots or long-haul truckers—the vast majority of patients report experiencing better vision than they did prior to having the lens implanted.

When considering cataract surgery, it is important to consider a practice that offers both expertise and the full spectrum of vision correction options to best match your lifestyle. And Ocala Eye is the area's leader in cataract and laser vision correction surgery. And the same laser and refractive surgery options that help younger people see clearly at a distance are available for cataract surgery candidates who want to optimize the effectiveness of their lens implant selection. Those two capabilities - the full range of cataract surgery vision correction options and the ability to maximize your outcome after surgery - are what make Ocala Eye your clear choice for cataract surgery.

Since premium vision correction packages are considered cosmetic, they are typically not fully covered by insurance plans and will often carry an additional fee.

Your Decision

By reviewing this brochure you have taken an important step in educating yourself about your cataract surgery options. For more information on these or other surgical options, visit www.ocalaeye.com/cataract-surgery.

Ocala Eye

www.ocalaeye.com 352-622-5183

At Ocala Eye, we're dedicated to using the world's best technology in combination with our vast experience to help you see and enjoy life more clearly.

Appointments: 352-622-5183

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