



Call Today! (352) 622-5183



A PATIENT'S GUIDE TO VISION CORRECTION

DISCOVER A LIFE FREE OF GLASSES OR CONTACTS

Join the millions of people who have done so, by choosing Laser Vision Correction. In North Central Florida, more people trust their eyes to Ocala Eye than any other practice.

This patient guide should answer any questions you might have about refractive procedures such as LASIK, PRK and Refractive Lens Exchange and explain what options are available to you.

Discover the difference with the Ocala Eye Lifestyle Experience.

Meet Your LASIK Surgeons



OCALA EYE'S LASIK SURGEONS

(l-r) Peter J Polack, M.D. F.A.C.S., Hussain Elhalis, M.D.,
Mark A Jank, M.D., Vish Srinagesh, M.D.

Ocala Eye is the largest, most experienced eye care practice in North Central Florida. Since Ocala Eye was founded in 1971, more people from Marion and surrounding counties trust their eyes to our ophthalmologists than any other eye care group.

Ocala Eye was the first practice in North Central Florida to perform no-stitch/no-patch cataract surgery, LASIK, DMEK/DSAEK corneal transplantation, minimally-invasive glaucoma surgery....well, you get the point.

Since Ocala Eye is the only truly comprehensive eye care practice in North Central Florida, patients no longer need to be referred out of town for their specialized eye care problems.

We are a patient-centered practice, with all of the decisions made based on our patient's benefit and well-being. This philosophy is reflected in our patients' satisfaction with over 50% of our referrals coming from friends and family.

Ocala Eye is the only ophthalmology practice in Marion County where you can be sure an eye surgeon is always on call, 24 hours a day, every day of the year.

IS LASIK RIGHT FOR YOU?

Are you tired of irritated eyes from contacts or glasses that fog up when you step outside? Do you wish you could play sports without glasses or swim without having to worry about losing your contacts? Would you like to be able to wake up and clearly see your alarm clock?

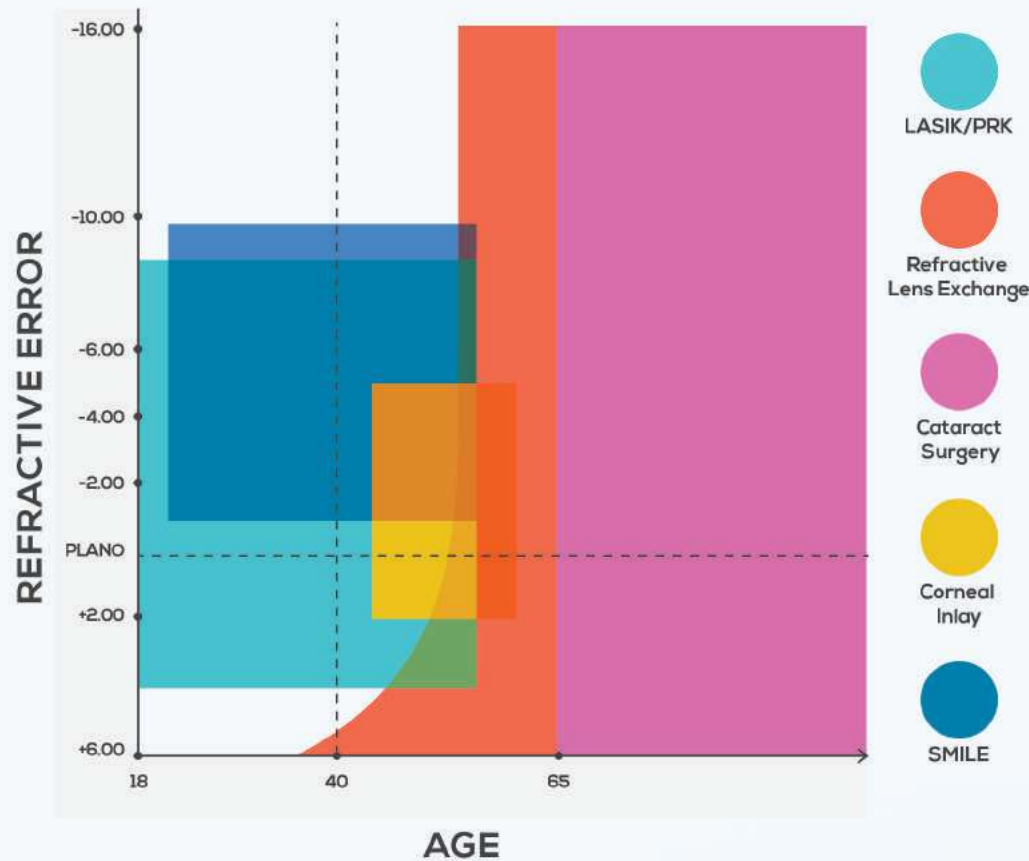
If you are reading this, you are probably wondering if you are a candidate for Laser Vision Correction such as LASIK.

AM I A CANDIDATE FOR LASIK?

Millions of people have safely and successfully benefited from Laser Vision Correction or LASIK. But not everyone is a candidate for LASIK, so we have created this patient guide to help you determine if you are. After reading this guide, if you would like to find out if you could benefit from LASIK, schedule a free consultation with us. Our thorough examination and testing process will help us determine if LASIK is right for you.

During your visit, you will meet some of the staff who would provide your care. You'll also have an opportunity to tour the facility and learn about the advanced technology used.

We hope that this guide will answer most of your questions. If not, please feel free to give us a call at 352-622-5183 and speak with our refractive coordinator. You can also visit our LASIK Facebook page www.facebook.com/OcalaLASIK for more information.



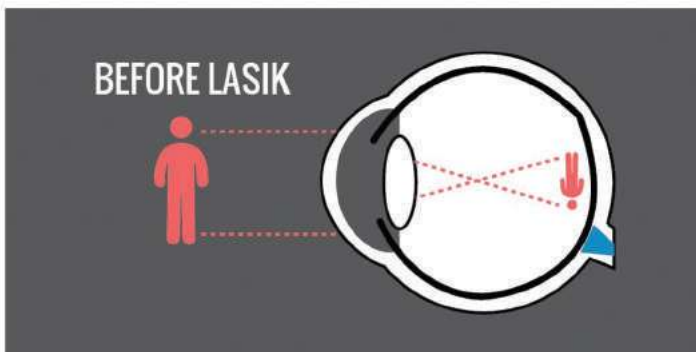
WHAT DOES LASIK CORRECT?

Generally speaking, if you can see normally with glasses or contacts, there is a good chance that you are a candidate for LASIK. There are some exceptions, so the only way to know for sure is to visit us for our free LASIK consultation.

MOST COMMON VISION PROBLEMS (REFRACTIVE ERRORS)

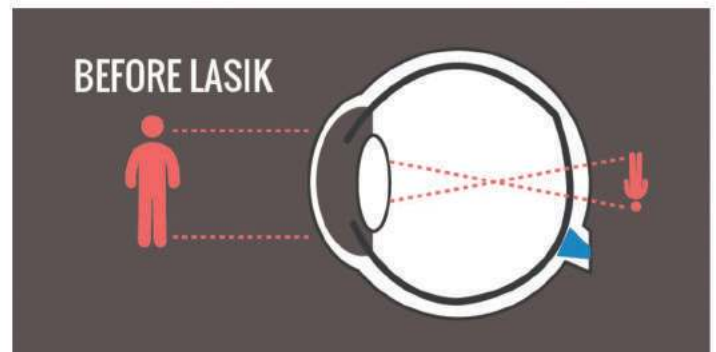
LASIK is approved for the treatment of nearsightedness, farsightedness and astigmatism for patients at least 18 years of age who otherwise have healthy eyes. You may have heard that the human eye is much like a camera where the light passes through the lens and is focused on the film. In the eye, the focusing is performed by the cornea and the crystalline lens while the retina acts like the film.

The cornea is the clear windshield at the front of the eye and is responsible for most of the focusing power of the eye. The crystalline lens, located inside the eye, accounts for the remaining focusing power. By changing either of these, we can correct refractive errors and thereby change the way the eye focuses light on the retina.



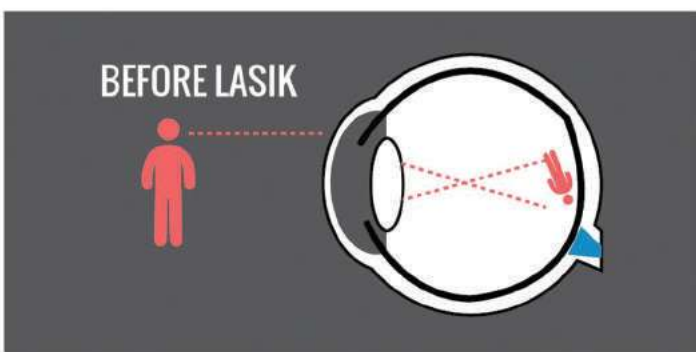
NEARSIGHTEDNESS

The eye is too long and/or the cornea is too steep such that images are focused in front of the retina



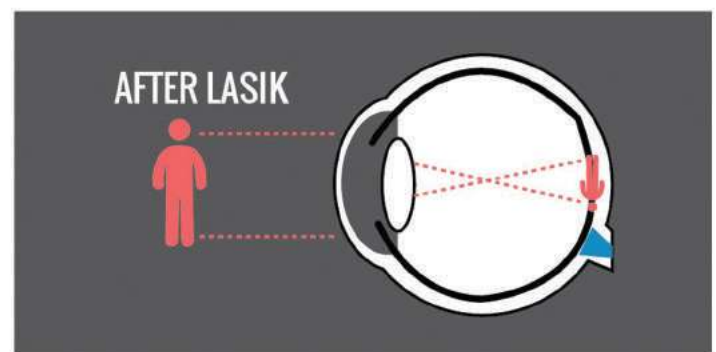
FARSIGHTEDNESS

The eye is too short and/or the cornea is too flat such that images are focused 'behind' the retina



ASTIGMATISM

The cornea has an oblong profile resulting in two different focal points



AFTER LASIK

Reshaping of the cornea results in focusing of images directly onto the retina

WHAT HAPPENS BEFORE LASIK?

Millions of patients worldwide have safely undergone laser vision correction surgery including LASIK and PRK. But before you can join the ranks of those satisfied patients, you need to have a thorough evaluation of your eyes. At Ocala Eye, we credit our 20 year history of successful and safe surgery to the expert evaluation of every patient we see. In fact, about 20% of the patients we evaluate don't meet our strict criteria and are not eligible for LASIK treatment.

BEFORE THE EXAM

- Before your initial LASIK evaluation, you will need to have your contact lenses out for 7 days for soft lenses, 2 weeks for toric lenses and 4 weeks for hard lenses.
- We will send you some paperwork to fill out ahead of your visit to save time. It is also helpful to bring with you any recent records or eyeglass/contacts prescriptions from your eye doctor's office. Once you arrive we will begin your screening process which will include a thorough assessment of your eyes.

DURING THE EXAM We will:

- We will perform a refraction to determine your vision stability
 - Measure pupil size
 - Perform Wavefront aberrometry, which provides a "fingerprint" of your eye
 - Perform Pentacam tomography to map the shape, contour and thickness of your cornea
 - Perform a complete dilated examination of your eyes, checking for signs of any conditions such as cataracts, glaucoma or retinal disease.
- Repeat your refraction after dilation
- (cycloplegic refraction) to make sure your prescription measurements are consistent.

AFTER THE EXAM

You will meet with our refractive counselor and your surgeon and have an opportunity to:

- Ask additional questions
- Discuss what the best options may be for you
- Discuss pricing and affordable financing options
- Schedule your LASIK procedure if you decide to proceed



WHAT HAPPENS DURING LASIK?

BEFORE THE PROCEDURE

Do NOT wear any perfume or cologne! Please arrange to have a friend or family member come with you so they can drive you home after the procedure. They can also watch the procedure if you want.

Upon arrival you will:

- Be greeted by a patient counselor who will assist you in completing all necessary paperwork
- Be introduced to the nurse who will be taking care of you throughout the process
- Have your vital signs checked by the nurse and be given a relaxing pill
- Be taken to our Zen Relaxation Room to relax out in an awesome shiatsu massage chair (and no, you can't take it home with you)
- Be visited by your surgeon prior to your procedure to answer any of your questions

DURING THE PROCEDURE

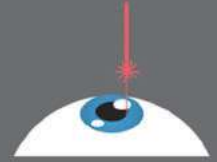
You will:

- Be brought back to the laser suite
- Have the eyes cleaned and numbing drops placed in the eyelids
- Be talked through every step of the procedure by your surgeon

HOW DOES LASIK WORK?

LASIK (laser-assisted in-situ keratomileusis) corrects refractive errors of the eye by reshaping the cornea underneath a protective flap. The flap is created without a blade using a Femtosecond laser. After the flap is lifted by the surgeon, microscopic amounts of tissue are removed using the Excimer laser which performs the reshaping. So LASIK today is truly a 'bladeless' and painless procedure.

STEP ONE Creation of the LASIK Flap



After relaxing in the Zen Room, your nurse will escort you to the laser suite next door and have you lie down on the bed attached to the Femtosecond laser.

The nurse will put some numbing drops in your eyes and then gently clean around the lids with an antiseptic solution.

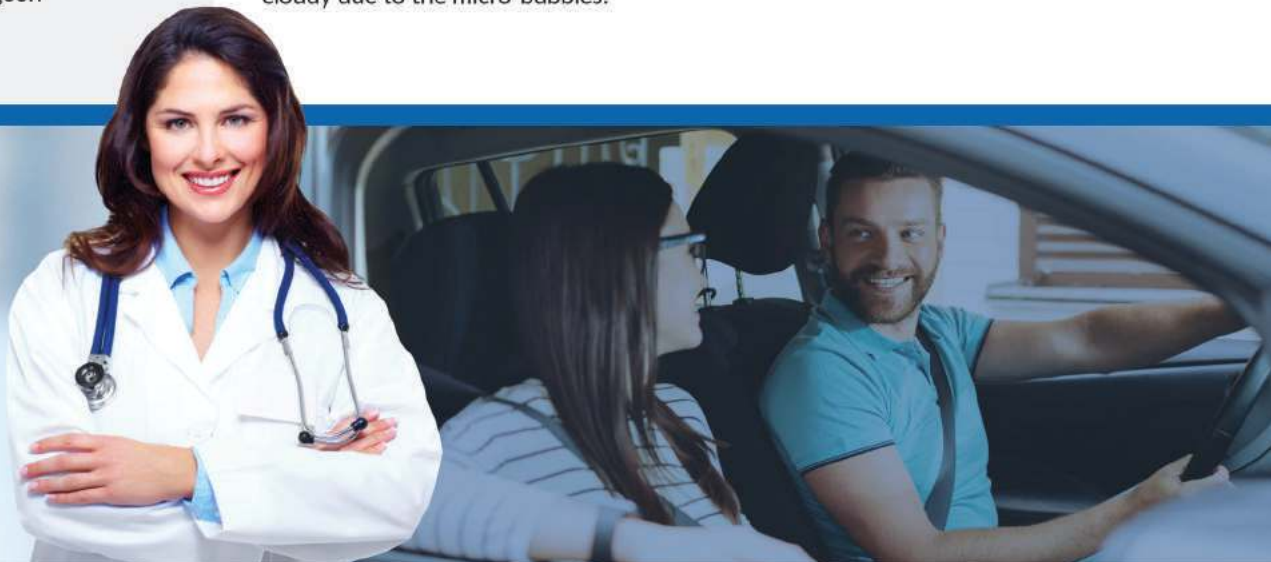
Next the surgeon will check some thickness measurements with an ultrasound probe and then place a little round suction ring on the eye. This is what will couple your eye to the laser. There is a mild pressure sensation and sometimes the lights may seem to dim.

The bed is swung underneath the laser and is raised until the laser is docked to the suction ring. There is slightly more pressure at this point but it should not be painful.

After checking all systems, the Femtosecond laser produces thousands of microscopic bubbles in the cornea just below the surface. You shouldn't feel this.

The precise diameter, depth and shape of the flap are planned by the surgeon and carried out by the laser which is guided by a computer. This is the most advanced technology today for creating the flap and it makes the procedure even safer than it was previously with the microkeratome blade.

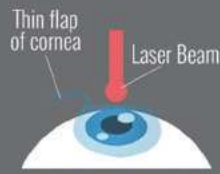
After both eyes are treated, you will be moved from the Femtosecond laser to the Excimer laser which will perform your correction. Right now the vision is a little cloudy due to the micro-bubbles.



WHAT HAPPENS DURING LASIK?

HOW DOES LASIK WORK?

STEP TWO Reshaping of the Cornea



After lying down on the Excimer laser bed, you are positioned underneath the laser itself.

More numbing drops are instilled and some small adhesive drapes are placed to keep the eyelashes out of the way. Then a lid speculum is used to gently spread the eyelids to keep the eye from blinking.

The surgeon next uses a small blunt instrument to 'connect the dots' created by the micro-bubbles from the Femtosecond laser. This separates the tissue without any cutting.

The flap is lifted to one side exposing the stromal tissue underneath. This is where the Excimer laser will be applied.

The exact treatment needed to correct your eyes is programmed into the Excimer laser computer and, working at the molecular level, microscopic amounts of tissue are painlessly removed. Aside from a dancing light, a snapping sound and a slight ozone-like smell, you won't even know it is happening.

Then, the flap is then gently folded back into its original position and within a very short time will adhere back in place and the healing process will begin.

Some medicated eyedrops are applied and the whole procedure is finished. The nurse will take you back to the Zen Room to rest for a few minutes after which the surgeon will check you before you go home.

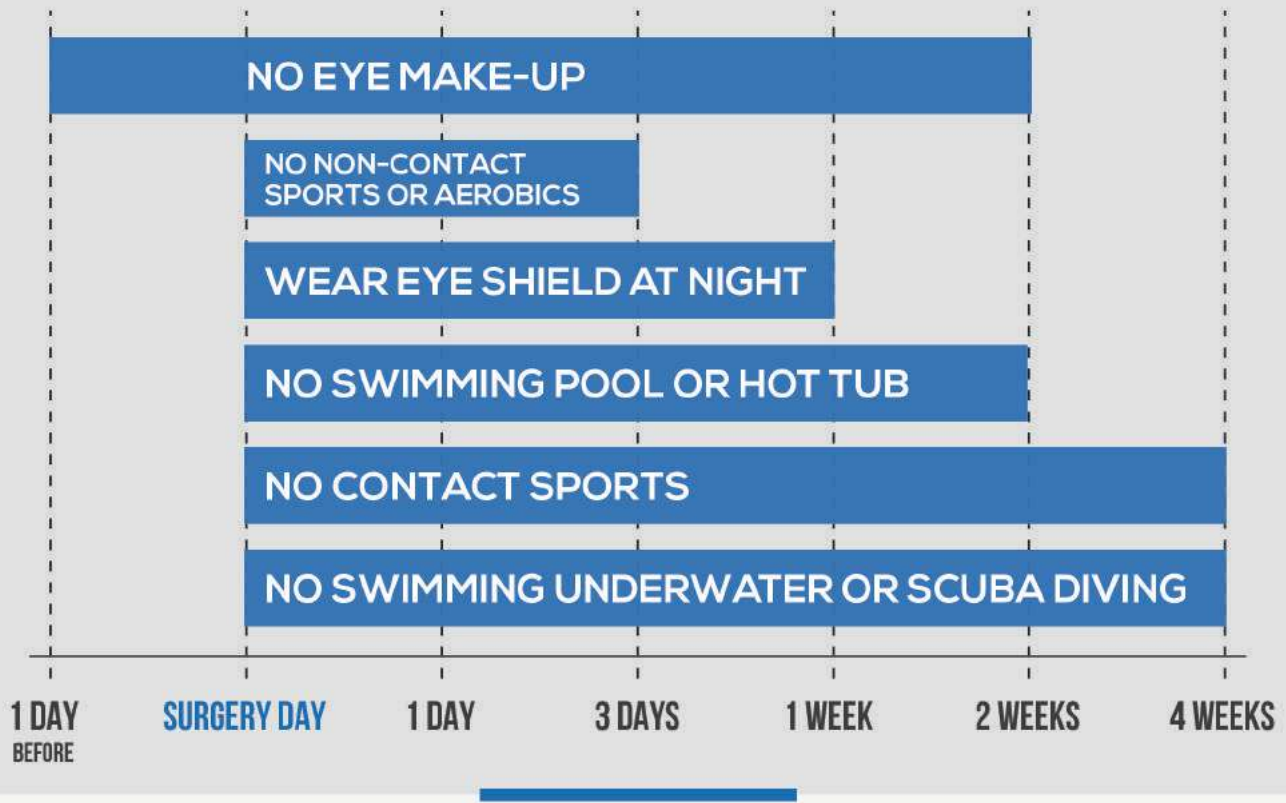
Finally, the nurse will go over your post-operative instructions while your companion pulls up your ride. Your vision will be a little blurry and your eyes will feel a bit gritty. Most of this will clear by the next day.

AFTER THE PROCEDURE

- Go home, take one of the sleeping pills you were provided, and get some rest
- If you wake up at dinner, get something to eat and then go back to sleep
- Follow all of your post-operative instructions
- Come to your follow-up visit the next day. (If you feel comfortable with your vision, you can drive yourself. Note that patients with higher amounts of correction might need another day or two to have clear enough vision to drive.)
- Bring your eyedrop medications with you to your appointment



WHEN CAN I...?



EXPECT TO HAVE FOLLOW-UP VISITS IN:

One day • One week • 1-3 months

HOW IS MY VISION AFTER LASIK?



Minutes After

Moments after the procedure your vision will be a bit hazy and your eyes scratchy, like you've been in a over-chlorinated swimming pool.



24-48 Hours After

You will come to our office for a personal post-operative review with your doctor.



A Few Days After

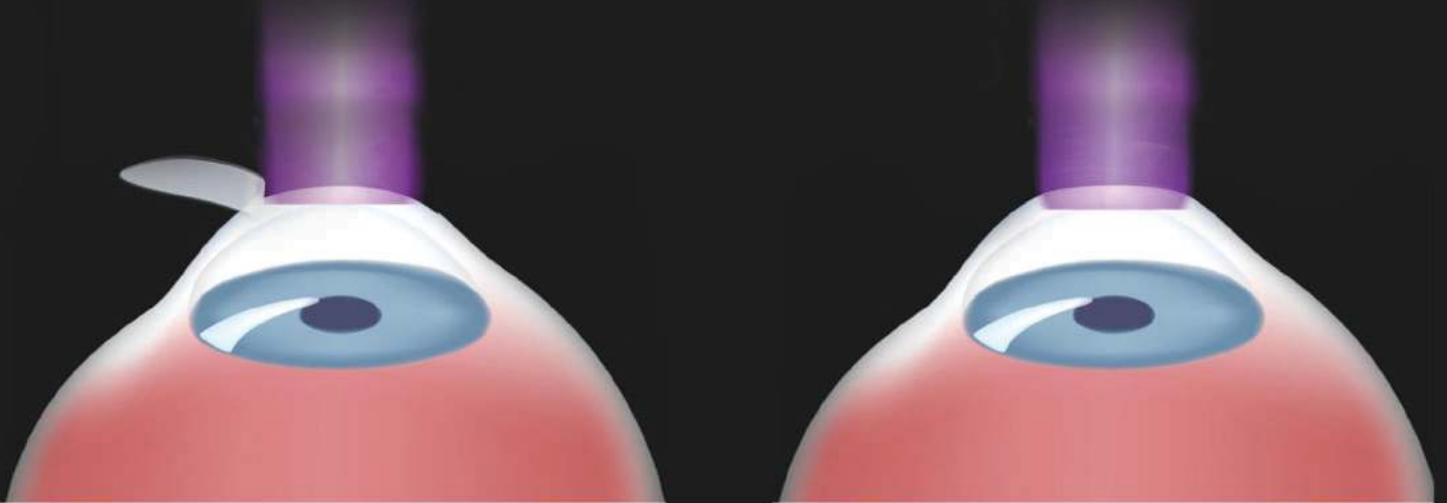
You begin to notice your vision clearing significantly.

You will be able to see immediately after your procedure but it will be a bit hazy. This clears up over the next day or so.
Kitten and Puppy are not included with your procedure.

WHAT IS PRK?

Not everybody is a candidate for LASIK; these include patients with thin corneas or dry eyes. Before LASIK was developed, the most popular laser vision correction procedure was PRK (photo-refractive keratectomy). PRK generally works the same way as LASIK by reshaping the cornea with the excimer laser except that there is no flap involved, so the laser is applied directly to the surface. For this reason, the vision takes a little longer to recover. But the end results are the same.

LASIK VERSUS PRK



PRK STEPS

1

Polish Surface

After numbing your eyes, the surgeon gently polishes away the superficial layer of the cornea, known as the epithelium, with a special instrument that is like a toothbrush.

2

Reshape Cornea

Next, the Excimer laser, programmed with your measurements, is applied directly to the exposed tissue to painlessly reshape the cornea. This is the same laser used in LASIK surgery.

3

Protective Lens

Since there is no protective flap as in LASIK, a clear, 'bandage' contact lens is placed on the cornea to help with the healing process. This remains until the surface heals, usually around four to seven days.

LASIK/PRK FAQs



IS LASIK/PRK SAFE?

Yes, the extremely low complication rate has been a primary reason for the popularity of LASIK and PRK worldwide. The risk of a serious problem resulting in any loss of vision is about 0.01 percent. More common but less serious problems include under or over corrections, flap-related problems, infection, dry eyes, and night vision problems. There have been no cases of blindness or loss of the eye with LASIK in the United States. In a survey of surgeons who perform LASIK, the majority reported they have undergone laser vision correction themselves.

IS LASIK OR PRK PAINFUL?

There is minimal discomfort with LASIK. Some patients even report absolutely no discomfort during the laser vision correction procedure. Topical anesthetic (numbing) eye drops are used prior to the procedure. As the suction ring is applied to the surface of the eye, some patients may experience a pressure sensation. The creation of the flap itself- in LASIK- by the Femtosecond laser should be painless, as should the correction treatment by the Excimer laser- in both LASIK and PRK. After LASIK, some patients may experience a foreign body sensation, like an eyelash in the eye, for several hours. After PRK, foreign body sensation and light sensitivity may last up to a few days until the surface of the cornea is healed.

HOW LONG DOES THE PROCEDURE TAKE?

Depending on the amount of correction that you need, LASIK takes approximately 10-15 minutes per eye. PRK takes less time, since no flap is created.

WILL I HAVE PERFECT 20/20 VISION?

The goal of these LASIK is to decrease one's dependence on corrective lenses (glasses or contact lenses). The vast majority of our patients (approximately 99+%) will see 20/40 or better after LASIK. As with any kind of surgery there is no guarantee of the outcome. In addition to the many variables related to the surgery itself, every eye heals differently. If the vision is not satisfactory after the initial treatment and there is a residual refractive error, this can usually be corrected with a retreatment (enhancement). Less than 5% of our patients are retreated.

WILL I STILL NEED READING GLASSES AFTER LASIK?

It is also important to know that the correction of distance vision is independent of near or reading vision. The inability to read without glasses (presbyopia) normally occurs after the age of 40 and this is not corrected by refractive surgery. In addition, the correction of the distance vision in many patients over age 40 may result in the need for reading glasses at an earlier age. Some patients opt for undercorrection of their non-dominant eye so that it can still read at near as they get older - this is known as monovision.

IS LASIK/PRK A PERMANENT PROCEDURE?

LASIK and PRK both correct the vision by removing very small amounts of tissue. This is very precise and, yes, it is a permanent process. But every patient heals slightly different and this can result in slight changes in the results known as regression. When identified, this can be corrected with an enhancement which is included in the cost. Changes that occur much later are usually associated with aging of the lens of the eye. This is why laser vision correction is not typically recommended for patients of the age of 55 or so.

WHO IS A GOOD CANDIDATE FOR LASIK OR PRK?



A good candidate for LASIK must:

- Be at least 18 years old
- Have a stable prescription for at least a year
- Have no pre-existing eye diseases
- Not have certain medical conditions
- Not be pregnant or nursing
- Have realistic expectations about laser vision correction

IS LASER VISION CORRECTION AFFORDABLE?



The cost of the procedure is reasonable if one considers the costs associated with glasses or contact lenses over one's lifetime (check out our LASIK Affordability Calculator at <https://ocalaeye.com/lasik-affordability-calculator/>). Although many patients pay the costs up front, financing options are available. We will be more than happy to discuss financing and other payment options for laser vision correction.

CAN I USE MY MEDICAL SAVINGS/FLEX SPENDING ACCOUNT?



In most cases, yes! Check with your employer or plan provider to verify the details of your plan, but this is a great way to pay for LASIK/PRK using your pre-tax income.

WHEN CAN I RETURN TO WORK/PLAY?



After LASIK, most patients are able to resume most activities by the next day, with the exception of such things as swimming or contact sports. The vision may still be a bit fuzzy for the first couple of weeks. After PRK, the vision does not begin clearing up until after the surface of the eye heals, so these patients are advised to take at least several days off from work. Normal exertion is ok but they should avoid any dusty or windy situations during this period.

WHAT IS WAVEFRONT TECHNOLOGY?



Wavefront Technology was first developed to correct imperfections in the mirrors of telescopes - this is how the Hubble Telescope was repaired. This technology was then brought to laser vision correction and allows the Excimer laser not only to correct your prescription but also any imperfections in the optics of your eye which contribute to problems with night vision. Although millions of patients have had LASIK prior to Wavefront Technology, this is now the state-of-the-art for LASIK today. Not everyone is a candidate and this can be determined during the screening process.

WHAT HAPPENS IF I MOVE MY EYES DURING LASIK?



The Excimer laser we use employs Iris Registration (IR) and automatic tracking. These align the laser with the your pupil. Very small movements of the eye, known as saccades, are normal and are easily compensated for using this technology. If your eye moves too much, the laser shuts off automatically until the pupil is centered again.



WHY CHOOSE OCALA EYE?



EXPERTISE



TECHNOLOGY



SAFETY



AFFORDABILITY



A Great Patient Experience

Laser vision correction (LASIK and PRK) is safe and effective. But choosing the right refractive surgeon is probably the most important consideration when deciding who will perform your surgery. We also strive to deliver the best experience from beginning to end. In order to ensure your best results, these are the factors you should consider when choosing where you will have your procedure.

WHY
CHOOSE
US



OcalaEye.com/LASIK | (352) 622-5183

EXPERTISE

Ocala Eye was the first practice in North Central Florida to perform LASIK in 1998. And for the past 40+ years, more doctors, patients and their families trust their eye care and surgery to the surgeons at Ocala Eye than to any other practice in Marion and surrounding counties. Our team of nurses and surgical and laser technicians specialize in eye surgery and have decades of combined experience. Our refractive surgeons have access to the latest proven procedures and technology and have patients referred to us by some of our competitors



TECHNOLOGY

Our Ocala Eye Surgery Center is the area's largest stand-alone ambulatory surgery center built exclusively for eye surgery. It also has the area's only laser vision correction surgical suite, with a dedicated environmental system to ensure consistency and accuracy of all of our laser procedures.



SAFETY

Laser Vision Correction, including LASIK and PRK, has been performed safely for two decades and millions of procedures are performed annually worldwide. Published studies show that the lifetime risks of wearing contact lenses long term are actually greater than the small risks of Laser Vision Correction, especially when considering the risk of infection and resulting loss of vision.

At Ocala Eye, we have a long record of safety and a complication rate lower than the national average. LASIK is a very safe procedure and a recent survey showed that about two-thirds of refractive surgeons have had laser vision correction themselves (and about 90% recommend it to their family members). Even still, it has been documented that these low complication rates are even lower with experienced surgeons and experienced surgical centers.

Although many patients have safely undergone traditional LASIK using a microkeratome blade to produce the flap, for several years, Ocala Eye has exclusively provided All-Laser 'Bladeless' LASIK using a Femtosecond laser. Recent studies have shown that this has made an already safe procedure safer.



AFFORDABILITY

Our \$0 Down / 0% Financing program offers you the opportunity to see clearly while leaving you more money to enjoy your new found visual freedom. Our Laser Vision Correction treatments are available in a range of affordable and competitive pricing options. Although not inexpensive, laser vision correction can actually save you money over your lifetime when compared to the ongoing costs of glasses and contacts. To see for yourself how much you could save, check out our LASIK Affordability Calculator at: www.ocalaeye.com/lasik-affordability-calculator/



PATIENT EXPERIENCE

Last, but certainly not least, is the unique Ocala Eye Lifestyle LASIK Experience. Patients always comment about how the staff made their time at our facility as stress free as possible. They also love our Zen Relaxation Room - another Ocala Eye exclusive - with our mood lighting, calming music and awesome shiatsu massage chairs. All of our patients are seen before and after their procedures by the same surgeon who performs their surgery and our patients tell us they appreciate the personalized attention - something they would not get at a corporate chain, discount LASIK center.



REFRACTIVE LENS EXCHANGE (RLE)



Refractive Lens Exchange (RLE), another type of vision correction surgery, is a type of lens replacement surgery (not unlike cataract surgery) as opposed to a corneal surgery such as LASIK or PRK. In this procedure, we replace your eye's clear natural (crystalline) lens with an artificial intraocular lens (IOL) that can not only correct your distance vision but, unlike LASIK or PRK, can correct your near vision as well.

Why Should You Consider Refractive Lens Exchange (RLE)?

Starting around the age of 50, natural aging changes start to affect the crystalline lens of the eye, oftentimes resulting in a thickening or hardening of the lens. A child's lens is very flexible and can focus very quickly from very close up to very far. The lens of a 70 year old, on the other hand, is more rigid and can be as hard as a watermelon pit and no longer able to change its focusing power. You might first notice this as difficulty with near vision.

In addition to hardening, discoloration begins, filtering the amount of light that enters the eye. Eventually, the quality of vision is affected, washing out colors and causing glare and night vision problems. For these reasons, you may not enjoy the same benefits from LASIK or PRK that a younger person would.

But, not to worry! Refractive Lens Exchange (RLE) may be an even better option for you.

That's because laser vision correction (LVC) performed on the cornea - LASIK and PRK - just treats the distance vision. This is perfectly fine when you're 20 years old since you can read without glasses. However, this changes after the age of 40, so older patients having LASIK or PRK are warned that they will need reading glasses after their procedure.

However, with RLE, depending on the type of intraocular lens (IOL) implanted, patients experience not only less dependence on glasses for the distance but also for reading and computer. This is especially beneficial for patients who are farsighted and who need glasses for near, far and in between. The reason for this is that we are dealing with the part of the eye that is causing the problem: the crystalline lens.

An additional bonus is that patients who have already been replaced with artificial lenses. A final advantage is that usually the prescription in your glasses (if needed) stops changing, as the dynamic component in your eye, the human lens, has been replaced by the new, unchanging lens implant. The procedure has, in essence, arrested the aging process of the eye.

So, in summary, LVC - LASIK and PRK - is an excellent procedure for younger patients, age 20 to 50 or so. But over the age of 55, RLE is an even better option.

RLE FAQs

IF I AM A GOOD CANDIDATE FOR RLE, CAN I STILL HAVE LASIK INSTEAD?



Maybe. The risk is that the effects won't last and you may find yourself back in glasses in the next couple of years. If you are an RLE candidate, the real issue is in your lens and not your cornea. So while LASIK can 'get you out of glasses' for distance, it won't correct the gradual decrease in the quality of your vision due to aging of the crystalline lenses and it won't correct your near vision like RLE could.

WHAT ARE THE RISKS OF REFRACTIVE LENS EXCHANGE (RLE)?



Lens replacement surgery is the most common procedure carried out in the US, generally as part of cataract surgery in older patients. If it is being performed in younger patients to lessen dependence on glasses or contacts, it is referred to as Refractive Lens Exchange. All told, lens replacement is the most common procedure carried out worldwide. The main difference between lens replacement (RLE) and LVC is that the former is an intraocular procedure (inside the eye) and the latter is an extraocular procedure (outside the eye).

Lens replacement surgery is an operation and all operations carry risk, but serious complications are very rare; these can include retinal detachment (0.1%) and infection (0.03%). Less serious complications include swelling of the cornea or macula, increased eye pressure, or bleeding. The vast majority of patients see well within two or three days. The rest see well within about two or three weeks.

IS REFRACTIVE LENS EXCHANGE (RLE) PAINFUL?



No. RLE is almost exactly like the cataract surgery performed in older patients, with the exception that in RLE the lens is not yet clouded as in cataract surgery. In both procedures, the eye is easily numbed with a topical anesthetic gel so there should be no pain during the procedure. The incision is less than 3mm in length and seals by itself without the need for sutures. The lens is removed using a combination of a femtosecond laser (the same one that creates the LASIK flap) and ultrasonic energy. The foldable intraocular lens (IOL) that replaces the eye's natural lens is 'injected' into the eye and unfolds into place. All of this takes place without discomfort.

WILL I HAVE 20/20 VISION AFTER RLE?



As with any procedure that corrects vision, the final result will depend on the overall health of the eye. With aging comes the increased incidence of other conditions which can affect the vision such as macular degeneration, corneal dystrophies, and glaucoma. Your eye surgeon will ascertain if any of these are present during your evaluation. The presence of the conditions does not necessarily preclude one from having RLE but may temper the expectations of having 'perfect' vision. It is most helpful to compare the vision before surgery without glasses to the vision after surgery without glasses. With this mindset, the majority of patients feel that RLE was definitely a wise decision.



RLE FAQs

WHAT INTRAOCULAR LENSES (IOLS) ARE AVAILABLE?



MONOFOCAL INTRAOCULAR LENSES (IOLS)

Also known as standard IOLs, these are the most common lenses chosen by patients undergoing conventional cataract surgery, since they are covered by Medicare. They have a single (mono) point of focus so they don't correct astigmatism or near vision, so many of these patients will still need glasses after surgery even all of the time or part of the time.

TORIC (ASTIGMATISM-CORRECTING) IOLS

These are monofocal lenses which have built-in astigmatism correction so for those patients who are nearsighted or farsighted but who also have astigmatism, these IOLs can potentially correct the distance vision so glasses are only needed for reading. For patients who have gone their whole lives with thick and expensive astigmatism glasses, Toric IOLs can be a real life-changer.

MULTIFOCAL IOLS

These premium lenses were first developed about a decade ago and have the ability to correct multiple focal points, correcting both distance and near vision. This technology is always improving and current multifocal IOLs are becoming very popular for patients undergoing not only RLE but also conventional cataract surgery (Medicare covers a standard monofocal IOL so patients pay the difference out of pocket). Multifocal IOLs come in different strengths and patients can choose from among them depending on their lifestyle, occupation or hobbies. Your eye surgeon and surgical counselor can help you make an informed decision. Multifocal IOLs may affect contrast in some individuals and may not be a great choice for those whose occupation depends on clear night vision such as pilots or long-haul truck drivers.

EXTENDED DEPTH OF FOCUS (EDOF) IOLS

These are also considered premium lenses and are closely related to multifocal IOLs, the difference being that they correct a range of vision from distance towards near (computer and phones) in a more natural fashion while the multifocal IOLs correct real up-close vision (paperback books) a little better but less so with computers and electronic devices. EDOF IOLs may be a better choice for more active, outdoor-loving people.

ACCOMMODATIVE IOLS

These are less commonly used IOLs which are technically monofocal (single focus) lenses but which have slight hinges which allow them to shift back and forth a small amount, thereby changing the focal point and partially correcting near vision. The amount of near-focusing ability may vary from patient to patient. These have become less popular as the multifocal IOL technology has improved but may still have a place in certain individuals such as pilots or long-haul truck drivers, or patients with corneal and/or macular abnormalities.



WHY CHOOSE OCALA EYE FOR YOUR RLE SURGERY?



WHY
CHOOSE
US?

Ocala Eye is one of Florida's most experienced ophthalmology practices. Established in 1971, more patients in north central Florida have chosen to have their eye care with Ocala Eye than any other practice. Ocala Eye is also one of the few comprehensive eye care practices around, covering everything from routine eye examinations to the most complex surgical interventions from sutureless corneal transplants to the most advanced minimally invasive glaucoma surgery to the latest in macular degeneration diagnosis and treatment. Being the area's only multi-subspecialty ophthalmology practice means that consultations with specialists can be obtained without sending patients hither and yon.

The Ocala Eye Surgery Center, wholly owned by the partners of Ocala Eye, is the area's largest stand-alone ambulatory surgery center dedicated exclusively to surgery of the eye. Certified by the AAAHC, the Ocala Eye Surgery Center has been nationally recognized as a center of excellence. The staff has decades of experience working in the eye care field so you can be sure that, in addition to the expertise of your surgeon, the ancillary employees are experts in eye surgery as well.

WHAT'S MY NEXT STEP?

The best way to find out if you are a candidate for vision correction, whether it is LASIK, PRK or RLE, is to schedule a free consultation by calling **352-622-5183**.



PATIENT TESTIMONIALS



“ I had very good results at Ocala Eye. I don't need to wear glasses except for reading. This is a big change after wearing glasses for many years.

Sharon S.

“ Dr. Jank is the best. He has taken care of our family for years is always attentive to our needs and wants.

Patrick L.

“ Received both LASIK and PRK [one in each eye]. Throughout the entire experience, Dr. Polack and the rest of the Ocala Eye staff were fantastic. Dr. Polack himself was great. He did an outstanding job... I now have 20/20 vision and at each subsequent visit he kept me informed on what was happening and the progress I was making in ways that were easy to understand.

Cody V.

“ Dr. Elhalis is very knowledgeable and courteous with excellent people skills, and caring and honest. He never rushed me and always answered all my questions. Ocala Eye got a good one in Dr. Elhalis!

Karen B.

“ Dr. Vish is a very good eye doctor. You will like his care - very to the point

Tom N.

“ My eyesight is better than ever. It's a great feeling not having the need to wear glasses or contact lenses any more. My eyesight now is very important, especially for my career field. Thank you very much to the doctor and his staff for the excellent work.

Did N.

“ I have had glasses since I was 10 years old. I had thought about vision correction for a while and finally decided to make an appointment with Dr. Mark Jank. I have to say that LASIK surgery has improved my life in every aspect. I now see the world as it was meant to be seen, and the things that I love to do are so much more enjoyable and rewarding. As one of only 350 members of the championship Combined Driving U.S. Equestrian Team, I am exhilarated with the effect that LASIK has had on my equine competitions. When I moved to the advanced division of my sport I struggled with the precision required to navigate obstacles on the course - the speed is intense and the margin for error is so small. All of that changed with my LASIK results from Dr. Jank at Ocala Eye. In the first competition after my surgery I took first place. LASIK gave me back my competitive edge - my vision is sharp and clear.

Marnie H.

“ As the owner of Family Fitness Training, seeing clearly is important with regards to exercise form and keeping track of a large exercise class. I would suggest LASIK to anyone with an active lifestyle. I love it and would do it again without hesitation. The immediate result of the LASIK that I noticed was the ability to see the clock on the wall.

WOW! Then I could see the small clock on the VCR. Then I could see the traffic light a few lights away! Again, WOW!

Having LASIK has made my life easier. I do not have to fuss with contacts and the solutions and enzymatic. When I step outside into the Florida humidity I don't have to worry about my glasses fogging up because, thanks to Dr. Polack at Ocala Eye, I am glasses-free!

Shae C.

PATIENT TESTIMONIALS

“ Had LASIK done, everything turned out great!

David S.

“ Like most people, my eyes are closely tied to my livelihood. As an Executive Chef, glasses and contacts were often a cause of frustration for me in the kitchen. Being over a hot stove and having to go in and out of the walk-in coolers would cause condensation to often form on my lenses. Also, when wearing contacts I would have to be careful of rubbing my eyes because of the many ingredients and spices that I use. Now that I've had CustomVue LASIK™ surgery, life in the kitchen is so much easier. I can glance across the kitchen and see everything without straining. Experiencing the convenience of having excellent vision for the first time since childhood is a miracle and I owe my sincerest gratitude to Dr. Jank and Ocala Eye

Rick A.

“ After a checkup, I found out that I had cataracts. Dr. Jank and I discussed my options and I decided to have the premium artificial lenses implanted...I am pleased with the result and with the experience I had from every employee at Ocala Eye. The receptionist, the financial personnel, the assistants doing the eye tests, the surgery center and Dr Jank; they were always professional and made me feel comfortable. No more glasses; it's wonderful!

Alice B.

“ I have been very happy with Dr. Polack and Ocala Eye. Professional staff who answered all my questions... I would recommend Ocala Eye to anyone thinking about getting PRK/LASIK.”

Wendy T.

“ I have worn glasses since kindergarten so they have been a part of my life for as long as I can remember. I looked into getting my vision corrected, but I contemplated having LASIK for over a year. Basically the options scared me- you only have one pair of eyes and I wanted to make sure that it was something I was ready for. I spoke with other Ocala Eye patients and that helped alleviate my fears. During my consultation with Dr. Polack, he spent a lot of time answering my questions. Dr. Polack and his staff really went above and beyond in letting me get comfortable with the whole process. After LASIK all I can say is that my clarity of vision is striking. The convenience of not putting in contacts is so worth it. I'm pretty active and when I go running my eyes would get really dry because of my contacts - those annoyances are gone thanks to LASIK and Ocala Eye!

Lori A.

“ As a Registered Nurse, I have endless reasons for choosing LASIK. Every day I find myself leaning over patients to do assessments or start IVs. My glasses would slide down and I would be unable to adjust them until I'd removed my gloves and washed my hands. Reason enough, but at home I have a 17-month old daughter who loves to grab my glasses when given any opportunity. So when it came time for my first appointment at Ocala Eye with Dr. Peter Polack I was more than ready. Everything was so organized and professional- from the consults to my post-op relaxation time in the Zen Room. My vision is 20/20 a month after the procedure and I'm very happy with the results. I would recommend Ocala Eye and Dr. Polack to anyone considering LASIK surgery.

Jeanna K.

“ There was no way I could wear glasses while teaching kindergarteners, so I was stuck wearing contacts before I had LASIK. I made an appointment to see Dr. Jank for a vision correction consult. Dr. Jank really listened to me and explained the complete procedure in detail. Now working in the classroom or performing even the simplest tasks such as reading a street sign are no longer a problem. Thanks to LASIK I can see everything clearly at all distances. It's such a relief to come home at the end of the day without eye strain. Thanks Dr. Jank, I love my results.

Kristi B.

“ Just had (lens) surgery with Dr. Vish. Great experience. No after surgery pain at all. No pain during surgery. He works with a team of nurses and the anesthesiologist was fantastic. This is my first surgery ever. Extremely pleased with the experience. Highly recommend Dr. Vish and Ocala Eye.

Aleida A.

SCHEDULE YOUR FREE CONSULTATION NOW!



Mark A. Jank, M.D.



Dr. Jank practices comprehensive ophthalmology having primary interests in small incision cataract surgery utilizing advanced no-shot / no-stitch techniques with simultaneous reduction of astigmatism. Keeping pace with the newest vision technologies featured as part of the Ocala Eye Customized Cataract Care program, Dr. Jank is proficient in the implantation of the latest IOLs which give his cataract patients and others the opportunity to restore youthful vision and gain freedom from the daily inconvenience of glasses and contact lenses.

Dr. Jank's refractive surgery expertise further includes LASIK and Conductive Keratoplasty (CK) for the correction of advanced refractive errors. Dr. Jank also has a special interest in complicated intraocular problems faced by patients who have had trauma or previous unsuccessful surgery.

Dr. Jank joined Ocala Eye in July 1988, following nine years of active duty as a U.S. Air Force physician. His military career culminated in Tampa serving as MacDill Air Force Base department of ophthalmology's chief surgeon. In recognition of his leadership at MacDill, he received the Air Force Meritorious Service Medal in 1988 for improving cataract surgery procedures.

A graduate of Johns Hopkins University and the University of Miami School of Medicine, Dr. Jank performed two years of internal medicine residency, followed by three years of ophthalmology residency at Lackland Air Force Base's Wilford Hall Medical Center in San Antonio, Texas. He was awarded a letter of commendation by the Air Force Surgeon General for implementing an ophthalmology training program for Air Force emergency room medical personnel. He was later appointed special consultant in Ophthalmology to the Surgeon General.

Dr. Jank periodically takes time out from his practice to visit third world countries where he does charitable surgery on needy patients.

Dr. Jank is a diplomate of the American Board of Ophthalmology and also of the National Board of Medical Examiners. He is a fellow of the American Academy of Ophthalmology, the International Society of Refractive Surgeons, the American Society of Cataract and Refractive Surgery, the American and Florida Medical Associations, and the Marion County Medical Society.



Peter J. Polack, M.D., F.A.C.S.



Dr. Polack is a fellowship-trained specialist in refractive surgery, cornea and external diseases. His primary interests are diseases and surgery of the cornea, including sutureless cornea transplants utilizing the DMEK/DSAEK method, LASIK, PRK, PTK, and Conductive Keratoplasty (CK). Dr. Polack is a LASIK patient himself, having undergone the procedure in May 2000.

Utilizing the latest techniques and technologies of Customized Cataract Care, Dr. Polack gives his cataract patients an opportunity to restore youthful vision and gain freedom from glasses and contact lenses. He also receives referrals from other ophthalmologists for more complex cases such as cataract surgery patients who have undergone previous refractive surgery.

Dr. Polack joined Ocala Eye in August of 1996. He is a graduate of Stetson University and the University of South Florida College of Medicine. After completing an internship at Bayfront Medical Center in St. Petersburg, he was awarded the Dyson Foundation Research Fellowship at Cornell University Medical College. Dr. Polack then returned to Florida for a year, studying corneal diseases with his father, Frank M. Polack, M.D., an internationally-known cornea specialist. He completed his ophthalmology residency at the New York Eye & Ear Infirmary where he was a Chief Resident. Following his residency, he obtained a cornea and refractive surgery fellowship at the University of South Florida under J. James Rowsey, M.D., a pioneer in refractive surgery.

Dr. Polack is a diplomate of the National Board of Medical Examiners and is Board Certified by the American Board of Ophthalmology. He is a fellow of the American Academy of Ophthalmology, the American College of Surgeons, the American Society of Cataract and Refractive Surgery, the International Society of Refractive Surgery, and other international cornea societies. Dr. Polack has lectured on corneal diseases and has taught courses on corneal transplant surgery to other ophthalmologists. In addition to publishing several articles, abstracts, and papers, he has co-authored ophthalmology textbooks.

Outside of his practice, he is on the editorial board of Ophthalmology Management magazine, where he has written a column on technology in the medical practice. He blogs and podcasts on a variety of practice-related topics on MedicalPracticetrends.com and iTunes and is a Most-Viewed Writer on the expert website Quora.com.



Hussain Elhalis, M.D.



Hussain Elhalis, M.D., is a fellowship trained specialist in cataract, cornea, and refractive surgery. He practices general ophthalmology with primary interests in refractive cataract surgery.

He uses sutureless techniques and provides the latest in premium lens implant technology. His goal is to allow his patients the opportunity to regain youthful vision and greater independence from glasses and contact lenses. Dr. Elhalis also specializes in laser vision correction with LASIK and PRK, and corneal transplantation using the latest DSAEK and DMAEK techniques.

After graduating with honors in biological sciences from Wayne State University in 2005, Dr. Elhalis attended medical school through the scholars program at Ross University School of Medicine.

He was awarded highest honors for graduating in the top 5% of his medical school class. It was during medical school that he developed an interest in ophthalmology.

"The field of ophthalmology has already achieved monumental advancements in cataract and laser surgery, resulting in outcomes that could not have been imagined three or four decades ago. The ability to provide these types of outcomes to patients was likely the greatest influencing factor that led me to choose ophthalmology as a career," says Dr. Elhalis.

He then completed his internal medicine training at Henry Ford hospital in Michigan. Dr. Elhalis completed his ophthalmology residency and fellowship specialty training at the University of Florida in Gainesville.

During his ophthalmology training, Dr. Elhalis cared for service members at the naval air station in Jacksonville, FL, treating ocular injuries and performing laser vision correction for pilots and navy officers.

Dr. Elhalis is an active member of the American Academy of Ophthalmology, Florida Society of Ophthalmology, Cornea Society, American Society of Cornea & Refractive Surgery, and the International Society of Refractive Surgery.



Vishwanath Srinagesh, M.D.



Dr. Srinagesh, known to his patients as “Dr. Vish”, practices comprehensive ophthalmology and specializes in the latest small-incision sutureless cataract surgery techniques, premium lens implant technology, and vision-enhancing refractive surgery.

He joined Ocala Eye in 2015 after completing his ophthalmology residency as Chief Resident at the Krieger Eye Institute in Baltimore, Maryland.

Dr. Vish garnered Magna Cum Laude honors at Union College in New York while completing his bachelor's degree in Biology, and later finished a master's of science degree in Healthcare Management from Union Graduate University. Dr. Vish earned his Doctor of Medicine at Albany Medical College in May 2011. During his time at Albany Medical College, he discovered his passion for Ophthalmology after spending time shadowing private practitioners in clinic and surgery.

In addition to providing care for his patients, Dr. Vish stayed actively involved in ophthalmic research and authored several studies investigating the treatment of Dry Eye. Recognition in research has led Dr. Vish to present his findings at physician conferences and for publication in national journals.

During his Ophthalmology training, Dr. Vish also found opportunities to reach out to those less fortunate and assist in providing their medical care. While in Baltimore, he participated in special clinics that provided eye exams and medical care to the homeless population. He was also a member of the Health Equity Task Force which sought to reduce disparities in access to healthcare within the region.

Personal interests for Dr. Vish include a passion for tennis and the arts. Dr. Vish has enjoyed coaching youth tennis and organizing tournament play at city facilities. He also instructs children and adults in fundamentals of oil painting. Dr. Vish holds professional memberships with the American Academy of Ophthalmology, the Association for Research in Vision and Ophthalmology, American Society of Cataract and Refractive Surgery, and the American Medical Association.



Call Today! (352) 622-5183



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